Division of Public and Behavioral Health Washoe Regional Behavioral Health Policy Board

AGENDA

This meeting will be held via teleconference only. Pursuant to Governor Sisolak's March 22, 2020, Declaration of Emergency Directive 006 which was extended by Directive 021, the requirement contained in NRS 241.023(1)(b) that there be a physical location is suspended in order to mitigate the possible exposure or transmission of COVID-19 (Coronavirus). Accordingly, all members of the public must participate by using the teleconference number or web link provided in this notice.

Date: August 10th, 2020

Time: 3:00 p.m. to Adjournment

Location: Zoom Meeting:

Join Zoom Meeting

https://zoom.us/j/98955318719?pwd=RkFwOGM1Z05vcklzTFFHaXqvRGxzUT09

Meeting ID: 989 5531 8719

Passcode: 930146 One tap mobile

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1. Roll Call, Introductions, Announcements

Informational

(Chair Ratti)

Members: Julia Ratti (Chair), Assemblywoman Sarah Peters, Char Buehrle,

Jennifer DeLett-Snyder, Sandy Stamates, Dr. Kristen Davis-Coelho, Cindy Green, Dani Tillman, Wade Clark, Steve Shell, Frankie Lemus, Henry Sotelo and Tom Zumtobel.

- 2. Public Comments (Action may not be taken on any matter brought up under this agenda item until scheduled on an agenda for a later meeting)
- 3. Approval of Minutes of June 2020 Policy Board Meeting (Chair Ratti)

For Possible Action

4. Reading and approval of "Letter of Appreciation to Kevin Dick" (*Chair Ratti*)

For Possible Action

For Possible Action

6. Presentations of Potential Board BDR for 81st Legislative Session:

Informational

<u>Peer Recovery Support Specialists</u> (Lisa Lee and Sean O'Donnell, Reno Initiative for Shelter and Equality)

Summary:

Peers are individuals with lived experience in recovery from substance use, problem gambling, mental health, and/or other/co-occurring challenges. They use their recovery experience to provide support and hope to individuals working through their own recovery. In previous legislative sessions, legislators had proposed bills which would have mandated certification for peer recovery support services In certain cases, the language in these bills presented challenges to support services. It is felt by some that legislation can and should be developed by Nevada communities of recovery and peer support specialists.

Recommendation:

Develop legislation that requires mandatory state certification developed by Nevada communities of recovery and Peer Recovery Support Specialists. The goal would be to place straightforward and flexible requirements into statute while tasking the Nevada Certification Board to determine regulations and rules for certification

IMD exclusion and/or Parity

(Lea Cartwright, Government Relations Manager, J.K. Belz & Associates)

Summary:

An IMD (institution for mental disease) is a facility with more than 16 psychiatric beds, or where 50% or more of admissions are for mental disorders. Freestanding psychiatric units, with more than 16 beds, cannot receive any Medicaid funds. This leaves patients (ages 24-65) with limited options for inpatient residential care, while freestanding psychiatric facilities have open beds. According to the Centers for Medicare & Medicaid Services (CMS), the Medicaid IMD exclusion has been one of the biggest contributing factors to psychiatric boarding in emergency rooms.

<u>Recommendation</u>: Apply for an 1115 waiver, also known as an 1115 demonstration, from the federal government for Fee-For-Service Medicaid recipients.

Summarv:

The Mental Health Parity and Addiction Equity Act (MHPAEA) of 2008 mandates parity between mental illness and substance use disorder (MI/SUD) benefits and medical surgical provided by health insurance providers or group health plans. In Nevada, the benefit parity issue is addressed in a complaint-driven regulatory model resulting in potential inefficiencies and lapses in care. Mental health patients are required to identify that a violation has occurred, and subsequent steps may take significant time to complete and ultimately hinder progress in resolution.

Recommendation:

Pass state level parity legislation enforcing compliance with federal law; build upon previously introduced parity legislation; consider requiring additional documentation, or enhanced attestation for Medicaid and from insurers (by the Division of Insurance) to proactively confirm compliance with parity laws; and/or consider public outreach regarding parity.

7. Discussion and approval of Policy Board's 2021 BDR *(Chair Ratti)*

For Possible Action

For Possible Action

- 8. Future agenda items for approval *(Chair Ratti)*
- 9. Public Comments (Action may not be taken on any matter brought up under this agenda item until scheduled on an agenda for a later meeting)
- 10. Next Meeting: September 14, 2020 *(Chair Ratti)*

Informational

11. Adjourn *(Chair Ratti)*

Agenda Notification:

- The meeting may commence on or after the designated start time;
- The Chair may call for a break at their discretion;
- Items on the agenda may be taken out of order, combined for consideration or removed from the agenda at the discretion of the Chair;
- Public Comment will be taken at the beginning and end of the meeting. Members of the public in attendance should identify themselves when requested under Public Comment. No action may be taken on a matter raised under this item until the matter is included on an agenda as an item on which action may be taken. The Chair may elect to allow public comment on a specific agenda item when that item is being considered. Public comments are limited to five (5) minutes. Interested persons may present oral and/or written comments at the time and place of the meeting, or written comments should be mailed to the attention of Substance Abuse Prevention and Treatment Agency, 4126 Technology Way, 2nd Floor, Carson City, Nevada 89706. Comment may not be restricted based on viewpoint;
- Action items typically include review, approval, denial, and/or postponement of specific items. Certain items may be referred to a subcommittee for additional review and action;
- We are pleased to provide reasonable accommodations for members of the public who are disabled and require special arrangements or assistance at the meeting.
- If assistance is required or to request supporting materials, please notify staff by phone or e-mail no later than three (3) working days prior to the meeting. Please contact: Stephen Wood, e-mail swood@health.nv.gov

This notice is posted in accordance with NRS Chapter 241.020 at the following locations:

- Division of Public and Behavioral Health Website (agenda and supporting materials located here): http://dpbh.nv.gov/Boards/RBHPB/Board_Meetings/Meetings/
- Nevada Public Notices: https://notice.nv.gov

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